



GYM SCHEDULE Summer 2021

6/8-8/13

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Side A	Side B	Side A	Side B	Side A	Side B	Side A	Side B	Side A	Side B	Side A	Side B	Side A	Side B
	5:30am-6:30am Open Gym		5:30am-7:00am Open Gym		5:30am-6:30am Open Gym		5:30am-7:00am Open Gym		5:30am-6:30am Open Gym		7:30am-9:30am Adult Basketball		7:30am-9:30am Adult Basketball	
	6:30am-8:00am Adult Basketball		7:00am-8:00am Fitness Class	8:30-9:30am Launch PE	6:30am-8:00am Adult Basketball		7:00am-8:00am Fitness Class	8:30-9:30am Launch PE	6:30am-9:00am Adult Basketball		9:30am-11:30am Open Pickleball		9:30am-11:30am Open Pickleball	
	8:00am-9:00am Adult Pickleball		9:00am-12:00pm Open Gym (or camp use in inclement weather)		8:00am-9:00am Adult Pickleball		9:00am-12:00pm Open Gym (or camp use in inclement weather)		9:00am-12:00pm Open Gym (or camp use in inclement weather)		12PM-2PM Family Open Gym		12PM-2PM Family Open Gym	
	9:00am-12:00pm Open Gym (or camp use in inclement weather)				9:00am-12:00pm Open Gym (or camp use in inclement weather)									
	12:00pm-2:00pm Adult Basketball		12:00pm-2:00pm Adult Basketball		12:00pm-2:00pm Adult Basketball		12:00pm-2:00pm Adult Basketball		12:45pm-1:45pm Adult Pickleball Class		2pm-Close Open Gym		2pm-Close Open Gym	
	2:00pm-4:00pm Open Gym		2:00pm-Close Open Gym		2:00pm-5:00pm Girls Volleyball		2:00pm-Close Open Gym		1:45pm-3:00pm Open Pickleball					
	4:00pm-5:00pm Open Gym (fitness class in bad weather)								5:00pm-Close Open Gym		3:00pm-6:00pm Slammer Tennis			
	5:00pm-6:00pm Open Gym				6:00-Close Open Gym									
	6:00pm-7:00pm Fitness Class													
	7pm-Close Open Gym													
	6/1/2021		NEW CANAAN YMCA RESERVES THE RIGHT TO CHANGE THE GYM SCHEDULE AS NEEDED											
	*Shaded areas indicate programs that need prior registration													

