



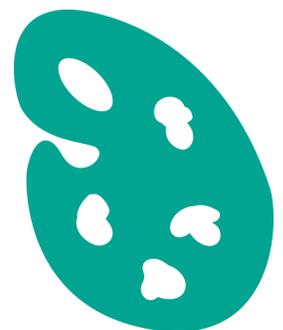
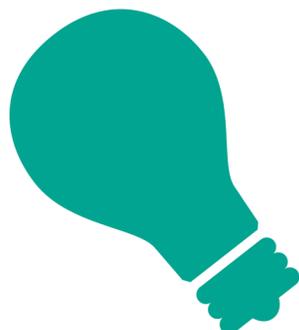
FAMILY ACTIVITIES

Bringing the fun and engaging Y family experience right to your home!

VIRTUAL CAMP WEEK 10: Anything Goes

In this week's "Anything Goes" theme, we'll take a look at a variety of indoor and outdoor activities for you and your family to enjoy at home! Let your imagination take over while having fun with these games and activities.

Don't forget to share what you do with us! Feel free to email George Bennett: gbennett@newcanaanymca.org





BOOK NOOK CORNER

BOOK FUN UNDER THE SUN

As we move closer to summer and think about warmer days at the beach, by a pool, or on a grassy field under the sun... Why not think about summer reading! Pick up that book you were saving for those lazy days, or explore your school's reading list and escape for a few hours!



IMAGINATION CHALLENGE

Grab your Legos and get ready to build!

CHALLENGE I:

Do you have a lego set you have been putting off building or have you been working on something that you are super proud of? Show off your awesome creations!

CHALLENGE II:

Free create! Let your mind flow and blocks come naturally as you build any structure that comes to mind.

NATURE CREATION:

April showers have surely brought May flowers! Why not spend some time caring for flowers and plants in your yard? Help your family with some weeding or make yourself a flower crown.



TRIVIA CORNER

SUMMERTIME TRIVIA

1. What is the date for the first day of summer?
2. What year was the first beach ball invented?
A. 1992 B. 1976 C. 1938 D. 1912
3. What Steven Spielberg-directed horror film takes place in the summertime that's plot involves a shark tormenting a small cape town?
4. What was the first ice cream flavor?
5. What is the oldest beach in America?
6. What is the most sold item in the summer?
A. Swimsuits B. Sunglasses C. Movie Theater Tickets D. Hats
7. What is the birthstone color of July?
8. What U.S. holiday unofficially signifies the end of the U.S. summer season?
9. The Fourth of July signifies which historical event in U.S. history?
10. What famous Walt Disney character's first words were "hot dog"?

Bonus: On sunscreen bottles, what does SPF stand for?



FUN FITNESS CORNER

COPYCAT

Supplies: paper (to draw on), washable markers, and a wall.

How to play: this activity takes two people at a time to play. One person is the “copier” while the other is the “artist.” The copier will stand facing a wall with their paper held up to the wall with one hand, and a marker in the other. The artist will stand behind the copier and place their paper on the copier’s back.

Without talking, the artist will draw one line on their paper; the copier will try to place what they think is the same line on their own paper. The artist continues to draw his or her masterpiece one line at a time, while the copier attempts to duplicate the artist’s work through feeling.

You’ll be amazed at what awesome artwork can come from this game. Try being the artist and the copier to see how tough it can be to copy someone else’s work! This is a great rainy day activity that all ages can enjoy. Send us a copy of your amazing artwork (and its copycat) to share with our YMCA community.

FAST HANDS

Supplies: tennis ball, wall to throw the ball against

How to play: all participants must begin about 10-15 feet away from the wall. The first person will throw the tennis ball off of the wall and let it bounce back toward the players. Any player can then attempt to catch the ball off of the wall. Once a participant fields the ball, they then have to quick throw the ball back against the wall for someone else to field. Participants cannot field the ball twice in a row; they will be “out” if they do not field the ball cleanly, drop the ball, or their throw does not reach the wall in the air.

This game works on hand-eye coordination, throwing skills, and overall awareness.



FUN FITNESS CORNER

AQUA LIMBO

Supplies: a water hose, clothes that can get wet

How to play: just like the typical party game of the Limbo, we want to see how low you can go! Have an adult stand with the hose squirting at a height that all participants can walk under. One at the time, participants will attempt to walk under the water stream without breaking it and getting wet.

When all participants have made it under a certain height, the adult with the hose will lower it slightly. Participants will then try and pass under the stream again, with the water getting lower and lower to ground with each pass under. If a participant breaks the water stream or falls trying to get underneath it, that participant is out. Keep playing to see how low you and your family can go! You can play with no outs for endless water fun. For additional fun, be sure to play music and have the participants dance as they walk up to and under the water stream.

SPONGE'S BULLSEYE

Supplies: sponges (one per player, or can be shared), sidewalk chalk, and a bucket of water

How to play: before you begin, use the sidewalk chalk to draw a bullseye onto the ground, making it as big or small as you please. Participants will start at the throwing line and one at a time, dip the sponge into the water bucket. They will then throw the sponge toward the target, attempting to hit a bullseye.

If only one sponge is available, it will luckily leave a water mark where the previous throw landed. Give point values to each section of the target and play to a decided point value, or just try and get the most bullseyes! Stay cool by enjoying this great game on a hot, sunny day!



FUN FITNESS CORNER

THE COLOR GAME

How to play: this game follows a “call and response” style. One person will be the leader, while the other participants will be the runners. The leader will tell the other participants a color, once that color has been announced, runners must sprint to find an object of that color and bring it back to the leader.

Once everyone brings back an item, another color will be called and players will need to go find a new item corresponding to the new color. Players are out if they bring back something an item in the wrong color, cannot find something of the correct color, or “get lost” along the way. Be sure to switch who the header is and be ready for all of the laughs throughout this game. You never know what objects may come your way!

PILLOW FIGHT

Supplies: at least one pillow per player and a playing area that is away from breakable items.

How to play: each participant has a pillow (in this case, bed pillows work best). Without trying to hurt anyone, players will hit each other with their pillows repeatedly trying to knock the pillow away from the other participants. If multiple people are playing, when someone loses their pillow, they are out. Play until there’s only one person remaining as the winner, or play with no outs and have a pillow fight until you can’t laugh anymore!



CRAFTS CORNER & MORE

PAPER PLATE ANIMALS

Create your own using your imagination! Here are a few ideas:



TUBE ANIMAL CREATIONS

What can you make out of cardboard tubes and paper? Use remaining paper towel or toilet paper rolls and let your imagination take over! Check out some ideas below:





CRAFTS CORNER & MORE

HOME-MADE PAINT

Supplies:

Measuring cup

Food coloring

Squeeze bottles or cups

Flour

Salt

Water

Funnel



Instructions

1. In a mixing bowl, combine even parts water, salt, and flour. For example, Ms. Suzy uses 2 cups of water, 2 cups of salt, and 2 cups of flour to fill up her medium-sized paint containers (as pictured above).
2. Once fully combined, funnel the mixture into paint bottles or cups (you can use paint brushes or Q-tips to paint with).
3. Place small drops of food coloring in each bottle or cup.
4. Shake the bottle or stir in cups to mix the paint.
5. Continue adding food coloring until desired shade is achieved.
6. Paint as usual! Paint will completely dry on paper.
7. Store the paint with lids on top (please note: paint will separate after a while. Simply shake the bottles up or stir cups)