



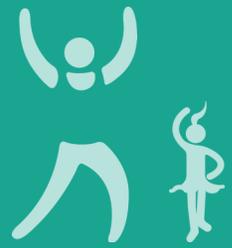
# FAMILY ACTIVITIES

Bringing the fun and engaging Y family experience right to your home!

## VIRTUAL CAMP WEEK 9: Circus

LIONS, TIGERS, AND BEARS, OH MY! This week we travel to the circus for fun and games! Gather under the big top, grab your top hat, and give these fun games and activities a try! Don't forget to share what you do with us! Feel free to email George Bennett: [gbennett@newcanaanymca.org](mailto:gbennett@newcanaanymca.org)





## COOKING CORNER

### CARNIVAL FAVORITES

Around this time of year it is a tradition to go to the May Fair and enjoy one of their specialties, strawberry shortcake! With us having to wait till 2021 to taste that May Fair goodness, why not make your own version at home! We recommend using this [recipe](#).



## IMAGINATION CHALLENGE

Grab your Legos and get ready to build!

### Challenge I:.

Replicate your favorite ride at the May Fair using your Legos!

### Challenge II:

Construct an idea for a possible ride using your Legos!

### Nature Creation:

Do either of the above challenges but just use natural materials!



## TRIVIA CORNER

1. How many rings are in a traditional circus?
2. Can you name the famous Disney elephant that starred in his own movie?
3. How did circus performers and animals travel from town to town in the early 1900s?
4. The show put on by the Ringling Bros. and Barnum & Bailey Circus is called what?
5. What are the performers who fly through the air called?
6. The person who directs the circus - kind of the master of ceremonies - has a special name. What is it?
7. What does the ringmaster say to open the circus?
8. What is probably the biggest animal in the circus?
9. What are the tall "legs" that clowns sometimes walk on called?
10. What is a bicycle with one wheel called?



## FUN FITNESS CORNER

### JUGGLING

Do you want to juggle like the clowns at a circus? All you need are 3 small balls or soft objects that could be tossed and caught to get started. Follow this link to watch a short video by DreamWorksTV for a tutorial on how to juggle like a circus clown. Here's the link: <https://youtu.be/kys5-PtMF1o>. Send us some videos of yourself giving it a try!

### RING TOSS

Supplies: Empty plastic bottles, small hula hoops or paper plates.

Set up the empty bottles so that they stand next to each other in a pattern of your choosing. To give the bottles some rigidity, fill the bases of the bottles with water so they stay put. If you don't have small hula hoops or rings, take the paper plates and cut a circle into the middle creating your own rings.

Then, have the participant playing start at the throwing line and try tossing the rings onto the bottle. See how many you can ring up in a row! To increase the difficulty, make the rings smaller, or move the throwing line back to a further distance.



## FUN FITNESS CORNER

### SKI-BALL TOSS

Supplies: an old sheet or towel and at least 3 balls.

First, take the the old sheet or towel and cut circular holes big enough for a ball to pass through all over the place. Make them different sizes with the smaller holes having bigger point values and the bigger holes having smaller point values. The number of points each is worth is something that you will determine.

After the holes are cut, hang the sheet up between two trees or on a clothing line. If you're outside and it is windy, you can also anchor down the bottom of the sheet as well. Participants will then start at the designated throwing line and one at a time, throw the balls at the sheet trying to make the ball go through the holes. See who can rack up the most points after throwing 5 balls each, or see how many points can be made in a certain time limit. This game should lead to lots of fun and laughs while working on throwing technique and accuracy. If it's too easy, back up the throwing line to a bigger distance and try again!

### CLEAN UP AFTER THE ELEPHANT

Supplies: brooms(one per person), packing peanuts(or crumpled up paper), trash cans or buckets(if not available, use tape to create a "trash" section the kids can sweep the peanuts into)

This is a race to see who can clean up after the elephant the fastest. Have 2 players start in the same spot. Give them each a broom. Dump a pile of peanuts in front of each participant. Instruct the participants that the object is to clean up all of the peanuts into their trash can as quickly as they can. On "go" the players begin sweeping to see who can clean up after the elephant the fastest!



## CRAFTS CORNER & MORE

### PAPER PLATE CLOWN

Supplies: white paper plates, construction paper, glue sticks, tape, wiggly eyes, pom-poms, markers, and scissors.

After gathering all supplies, trace your child's hands on a sheet of construction paper. Invite them to cut out their hands with scissors, as they will become the clown's hair.

Glue on the wiggly eyes, pom-poms, hair, hat, and eye triangles to the paper plate. Cut out a large red mouth from construction paper and invite your child to draw a line in the middle of it for the clown's smile. Glue it in place for the clown's mouth.



### CIRUS SLIME

Supplies: Elmer's white glue, liquid laundry starch, red food coloring, measuring cup, small bowl, pattern blocks (optional)

Slime is a bit persnickety, so don't get discouraged if it doesn't work right the first time. We typically use a ratio of 1-1-1 for glue, starch, and water; but sometimes you'll need a bit less glue depending on humidity. If your slime seems really stringy, it might just need to run under cold water for a couple of seconds. This usually helps it firm right up!

Make two batches of the circus slime; one red and one white. Once the slime is mixed, we flipped a bowl upside down to act as a base for our big top tent. Layer stripes of contrasting red and white to make the big top tent.





## CRAFTS CORNER & MORE

### RING TOSS

Supplies: paper plates, paint or markers, scissors, long cardboard tube (from cling wrap, paper towel, etc.) and sticky tape.

Cut the center from some paper plates to use as your rings. Decorate the rings and ring stand. To make the stand, we cut slits in the bottom of the cardboard tube and flattened the ends, then taped it to the reverse side of a plate for balance. Get your ring toss on!

