



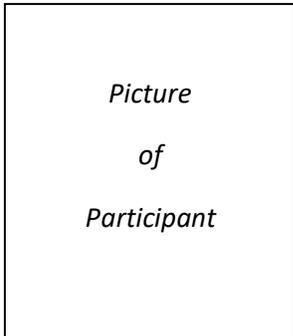
FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Food Allergies/Special Diets Form**

Becket Outdoor Center    Camp Becket    Chimney Corners Camp    Becket Day Camp    TSP

Arrival Date: \_\_\_\_\_

Departure Date: \_\_\_\_\_



**PARTICIPANT INFORMATION:**

This form is required for any participant with a food allergy or special diet need.

Participant Name: \_\_\_\_\_

Gender:  M or  F

Participant Age: \_\_\_\_\_ or Birth Date: \_\_\_\_\_

**Participant**

Phone (cell): \_\_\_\_\_ Work: \_\_\_\_\_ Home: \_\_\_\_\_ email: \_\_\_\_\_

**If Minor, Parent or Guardian:**

Name: \_\_\_\_\_ Relationship to Participant: \_\_\_\_\_

Phone (cell): \_\_\_\_\_ Work: \_\_\_\_\_ Home: \_\_\_\_\_ email: \_\_\_\_\_

**FOOD ALLERGY(IES)/INTOLERANCES/SPECIAL DIET:**

Please provide a medical statement describing the dietary restrictions due to the food allergy, diet and/or intolerance, from the Participant's Physician.

Check **all** that apply:

Wheat/Gluten    Dairy    Fish    Shellfish    Soy    Eggs    Peanuts    Tree Nuts

Other (please list): \_\_\_\_\_

Other Special Diet needs or restrictions: \_\_\_\_\_

A minimum of three (3) weeks prior to the camp/retreat/conference, participant or participant's parent/legal guardian is requested to contact the Food Service Director at the relevant site at **Becket-Chimney Corners YMCA, ph: (413) 623-8991 (Chimney Corners Camp – Mik Monti ext 127, Camp Becket – Shaz Atwell ext 154)**. We will make every attempt to meet special diet and food allergy needs but cannot guarantee food service for all requests.

**Please note:** Special diet requests are for food allergies, religious restrictions, and other health-related needs only. Requests should not be made for food preferences, personal taste, or for "picky eaters." The camp cannot accommodate these requests and they will not be honored. Vegetarian alternatives are available at each meal and should not be requested here.

**Information:**

The Eight Major Allergens Include: Milk, Eggs, Peanuts, Tree Nuts, Wheat, Soybeans, Fish, and Shellfish. These allergens are to blame for 90% of allergic reactions to food, may be severe, and may cause food anaphylaxis in some individuals.

Food intolerances such as lactose intolerance and gluten intolerance/sensitivity (Celiac Disease) are not allergies but individuals may have special dietary needs associated with these conditions.

## Food Allergy Questionnaire

Please answer the following questions to better help us with the participant's needs:

1. What are the preferred food substitutions, if any, for the participant's food allergy/intolerance? (soy butter for peanut butter, gluten-free breads, soy milk etc):
  
2. What types of contact will cause a reaction? Check and explain:  
 Airborne/Aerosol     Cross Contamination     Actual ingestion of food     Other  
If other, please explain:
  
3. Has the participant ever been hospitalized due to a reaction to this allergen (check one)  Yes  No
  
4. Is the participant familiar enough with his/her allergy that they can identify when placed in a threatening situation? Elaborate if needed.
  
5. Please describe in detail what happens to the participant when exposed to this allergen.
  
6. How long does it take for a reaction to take place upon being exposed to the allergen?
  
7. When was the participant's last reaction due to exposure to the allergen?
  
8. On a scale of 1-10, 10 being the worst, how severe is the camper's reaction to this allergen?
  
9. Has the camper ever attended a camp, or retreat, or eaten meals outside the home?
  
10. If yes, how were the meals handled?
  
11. Is there any other information you would like to share to help us meet the participant's needs?

### **Food Allergy Disclaimer**

**Becket-Chimney Corners YMCA Food Services** makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. In addition, there is always a risk of contamination. There is also a possibility that manufacturers of the commercial foods we use could change their formulation at any time, without notice. Participants concerned with food allergies must be aware of this risk. Food Service will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any BCC YMCA dining venue. Participants with food allergies are encouraged to contact Food Service at **(413) 623-8991** for additional information and/or support.

By signing this I am certifying I understand the disclaimers contained in this form and I verify the information provided is true and correct.

Signature:

Participant/Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

### **BECKET-CHIMNEY CORNERS YMCA**

748 Hamilton Road, Becket, MA 01223

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