

NEW CANAAN COMMUNITY YMCA
Job Description

Position: Pre-school Gymnastics & Movement Education Instructor

Supervisor: Gymnastics & Movement Education Director

FLSA Code: Non - Exempt

GENERAL FUNCTION

To teach preschool gymnastics and movement education at the YMCA with emphasis on safety, fun and fundamentals of the sport.

KNOW-HOW

- Be at least 18 years of age.
- Preschool teaching experience and/or gymnastics experience (as an instructor or a participant) a plus.
- Should possess great class management skills while being patient, kind, energetic, responsive, and engaging.
- Must be comfortable with instructing parent/child classes (ages 1-3) as well as child- only classes (ages 3-6).
Should have the ability to create and adapt lesson plans for varying ages.
- Recognize any safety concerns in regards to the use of the equipment.
- Must be able to work reliably and independently with a willingness to sing and give clear directions to parents and children.

PRINCIPAL ACTIVITIES

- Teach classes as scheduled by the Director.
- To be a role model for the gymnastics participants while demonstrating the YMCA Four Core Values of Honesty, Responsibility, Respect, and Caring.
- Take an active and playful approach in implementing age appropriate curriculum incorporating skills, songs, games, and movement activities.
- Supervise class participants during class.
- Plan and assist with any parent days or special events as scheduled by the Director.
- Report any accidents or incidents to Director as they occur.
- Attend staff meetings.
- Perform other duties as designated by the supervisor.
- Job Description may be changed at any time by supervisor.

CELL PHONE POLICY

- Per the policy of the New Canaan YMCA cell phone use (texting, calling, and excessive internet) is strictly prohibited when responsible for or in the presence of participants during YMCA programs.

EFFECT ON END RESULT

- All participants will enjoy a quality gymnastics and movement education program that reflects a positive image of the YMCA and its service to the community.
- All participants will get exposure to the YMCA Four Core Values.
- All participants will be provided a safe, nurturing YMCA atmosphere with emphasis on developing happy, healthy, confident children through movement education.

PHYSICAL DEMANDS

While performing the duties of this job, the employee is frequently required to: Climb, kneel, reach, push, digital dexterity, balance, crouch, pull, grasp, repetitive motions, navigate stairs, stoop, crawl, lift, and sing.

**The employee may occasionally need to exercise these physical labor demands:
Medium Work: exerting up to 60 pounds of force occasionally and 20 pounds of force frequently.**

Specific vision abilities required by this job include:

Close/far vision, ability to adjust focus, peripheral vision, color perception, depth perception, field of vision.

Acute hearing is essential to this position.

WORK ENVIRONMENT

In this position, this person will not be frequently required to work in outside weather conditions.

While performing the duties of this job, this individual may occasionally exposed to: some moderate noise.