



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# NEW CANAAN YMCA 2016 IMPACT REPORT



Dear friends,

2016 was the year of transformation for our Y. We watched as years of planning and fundraising came to fruition with construction of our \$20 Million renovation in full swing. Nearly every area of our Y was touched in 2016 including our pools, locker rooms, gymnasium, and lower level wellness space. As old walls were knocked down and new windows were put up, the strength in the support of our community was felt all around. It is thanks to the generosity and vision of our community that this transformation of our Y has been possible, and we are so appreciative to those who have become our partners in building a stronger future together.

While our building literally transformed in front of our eyes in 2016, the New Canaan YMCA also proudly watched as individuals made their own transformations with the help and support of our Y. Our LIVESTRONG at the YMCA program continues to grow providing wellness and social support and strength to any cancer survivor within our community at no cost. Over 100 children, teens, and adults with special needs transform once they walk through our doors feeling confident, safe, and belonging. Thanks to the generosity of our donors, over \$250,000 in financial assistance was provided in 2016, ensuring that no child, adult, senior, or family was turned away from growing healthier, stronger, or happier at our Y.

2016 was a year full of transformation. It was filled with the sounds of hammering and drilling and the sights of caution tape and scaffolding; but it also continued to be filled with the faces that make our Y so special and for whom we do what we do—our members and our community.

To our donors, partners, members, and friends, we thank you for helping us make these transformations possible for our community.

Sincerely

A handwritten signature in black ink that reads "Craig Panzano". The signature is written in a cursive, flowing style.

Craig Panzano



# BUILDING A STRONGER FUTURE TOGETHER

**The New Canaan YMCA continued construction of its \$20M renovation in 2016.**

Our renovation is transforming our Y into an even more welcoming, inclusive, and impactful community resource, featuring new locker rooms, renovated double gym, new family activity center, new and renovated wellness areas, new café/commons area, a renovated competition pool and a brand-new warm pool facility including an 8-lane lap area.

# FOR YOUTH DEVELOPMENT

**Nurturing the potential  
of every child and teen**

We believe that all kids deserve the opportunity to discover who they are and what they can achieve under the guidance of adults who care about them.



Through the Y's recreational sports programs and leagues,

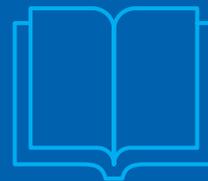
## OVER 1,000 CHILDREN

developed a love for sports, while building a sense of confidence and teamwork.



## OVER 88 FAMILIES

belong to the Y's childcare community. Through full-day childcare/preschool and after-school childcare programs, the Y creates a safe and nurturing place for children to learn, discover, and grow.



## 165

### PRE-TEENS,

teens, and young adults developed leadership skills and received one of their first work experiences at our summer camps. Whether a camp counselor or counselor-in-training, all became role models.



In  
2016:

## 300 CHILDREN

grew and made friends and lasting memories at summer camp. Over 40 campers were children with special needs, making our camps an inclusive and enriching experience for all.



## OVER 120 CHILDREN

participated in the Y's school vacation camp program, which provides a fun childcare option for families on school vacation days.



## OVER 400

children learned to become safer and more confident in the water through swim lessons.



The Y continues to serve as a

## PLACE FOR FUN

and safe out-of-school activity for middle schoolers and teens through activities like Middle School Madness, open gym, archery, sports clinics, and more.



## OVER 400 YOUNG ATHLETES

participated in the Y's three competitive aquatics teams including swimming, diving, and synchronized swimming, developing goal setting, leadership, time management, and self-confidence.



The New Canaan YMCA continues to serve as the host for

## GIRLS ON THE RUN

Fairfield County, serving nearly 450 girls. Running is used to inspire and motivate girls, encourage lifelong fitness, and build confidence through accomplishment.



# FOR HEALTHY LIVING

## Improving the nation's health and well-being

With a mission centered on balance, the Y brings families closer together, encourages good health, fosters connections through fitness, sports, fun, and shared interests.



Throughout the year, over 2,000 individuals and their families took a break from their busy schedules to enjoy time together at one of the Y's special events. The Y

## **FOSTERS FAMILY TOGETHERNESS**

through community events like Family Dinner Night, and the annual family circus.



## **NEARLY 550 FATHERS AND CHILDREN STRENGTHENED THEIR RELATIONSHIP**

and made lasting memories through the Adventure Guides program.

The Y continues to serve as a community resource dedicated to

## **PROMOTING WELLNESS**

and disease prevention among people of all ages and abilities. From cardio and strength building classes, to mind-body and nutrition programs, everybody is welcome at the Y as they work toward maintaining a healthy lifestyle.



**In  
2016:**

## **NEARLY 100 CHILDREN PARTICIPATED**

in the Y's Families In Training (F.I.T.) program. Once completed, participants can workout at the Y with their parents, encouraging

**FAMILIES TO STAY ACTIVE AND HEALTHY TOGETHER.**

## **850 SENIORS**

in our community come to the Y to **STAY ACTIVE, HEALTHY, AND CONNECTED.**



For the third year, the Y has served as the home for a local

**PARKINSONS SUPPORT GROUP, SUPPORTING OVER 80 INDIVIDUALS.**



The Y hosted the Grit N Wit Obstacle Dash 5k and Kids' Run in Waveny Park. Nearly 300 participants enjoyed the event,

**RAISING NEARLY \$4,000**

which was split with the Little Warriors Foundation.

In collaboration with Stamford Health, the Y features an on-site Wellness Nurse Coordinator, physical therapy services, and

**HOSTED 17 LECTURES,** each providing information on a different health topic, **EMPOWERING ATTENDEES WITH KNOWLEDGE.**

These lectures were free and open to the entire community.



2016 marked our fourth year offering the LIVESTRONG at the

**YMCA CANCER WELLNESS PROGRAM.**

This 12-week program is available to any cancer survivor within our community at no cost.



# FOR SOCIAL RESPONSIBILITY

## Giving back and providing support to our neighbors

Since 1954, we have been listening and responding to the needs of our community through education, training, motivation or support. Whether it's building a healthier community at home, or reaching across borders through our World Service Initiative, we are there to help others.



The Y is proudly in our tenth year of **PARTNERSHIP WITH FACING THE FUTURE**, a child development center in the Kenyan slum of Kibera. Nearly 300 needy children currently attend the center receiving two meals a day, education, hygiene, and medical attention. In 2016, 9 individuals representing the Board, staff, and members participated in a service trip, visiting and supporting the children and teachers of Facing the Future.



Our 2016 Annual Support Campaign **RAISED \$325,000** under the leadership of Kevin Cowser, Pam Norton, and Rick Routhier.



The Y's Togetherhood volunteer committee provides members the opportunity to **GIVE BACK TO THOSE IN NEED.**

Togetherhood hosted several community projects including a shoe drive, breakfast run to NYC, and serving meals at a nearby homeless shelter.



Over 800 individuals **VOLUNTEERED OVER 15,000 HOURS**

at the Y, helping to provide services to the community, and engage in philanthropy.



In **2016:**

The Y works with many other community organizations as a **COMMUNITY PARTNER**, including serving as the home pool for the New Canaan High School swimming and diving teams, a resource for New Canaan sports organizations, and a site for the New Canaan Public School's transition program.



The Y provided the equivalent of nearly **\$250,000 IN FINANCIAL ASSISTANCE**, ensuring that no is ever turned away from maintaining a healthy lifestyle at the Y.



Our 19th annual golf outing at the Country Club of Fairfield, chaired by Chris Pohle and Rick Selvala **RAISED NEARLY \$85,000** to support our Special Needs department.



Our special needs department continues to work to ensure **EVERYBODY FEELS WELCOME AT OUR Y.** In 2016, over 100 individuals with special needs participated in programs and events at the Y. Thanks to funds raised through our Annual Support Campaign and the annual charity golf outing, support staff is offered to these individuals at no additional cost.



To help build a **STRONGER COMMUNITY**, the Y offers use of our facility at no charge to local non-profits including: South Avenue Cottage, ABC House, A-Home, Boy Scouts and Girl Scouts, and the Homeschool Cooperative.

# THE NEW CANAAN COMMUNITY YMCA STATEMENT OF ACTIVITIES DECEMBER 31, 2016 AND 2015

## PUBLIC SUPPORT & REVENUE

	2016			2015		
	Unrestricted	Temporary Restricted	Total	Unrestricted	Temporary Restricted	Total
Program tuition fees	\$4,032,846	\$319,305	\$4,352,151	\$4,263,127	\$358,839	\$4,621,966
Membership fees	3,566,695	—	3,566,695	4,010,069	—	4,010,069
Contributions	225,514	885,017	1,110,531	322,417	869,306	1,191,723
Other revenue	69,277	47,831	117,108	124,503	11,182	135,685
Special events	—	158,616	158,616	—	168,306	168,306
Investment return, net	18,964	—	18,964	811	—	811
Net assets released from restrictions	684,354	(684,354)	—	745,729	(745,729)	—
Total public support and revenue	8,597,650	726,415	9,324,065	9,466,656	661,904	10,128,560

## EXPENSES

	2016			2015		
	Unrestricted	Temporary Restricted	Total	Unrestricted	Temporary Restricted	Total
Program services	7,752,415	—	7,752,415	8,174,745	—	8,174,745
Management and general	542,067	—	542,067	639,512	—	639,512
Fundraising	475,038	—	475,038	485,929	—	485,929
Total expenses	8,769,520	—	8,769,520	9,300,186	—	9,300,186
<b>Increase in Net Assets</b>	(171,870)	726,415	554,545	166,470	661,904	828,374
<b>Net Assets- Beginning of Year</b>	10,993,883	9,518,054	20,511,937	10,827,413	8,856,150	19,683,563
<b>Net Assets- End of Year</b>	\$10,822,013	\$10,244,469	\$21,066,482	\$10,993,883	\$9,518,054	\$20,511,937

## THE NEW CANAAN COMMUNITY YMCA STATEMENT OF FINANCIAL POSITION: DECEMBER 31, 2016 AND 2015

<b>ASSETS</b>	<b>2016</b>	<b>2015</b>
Cash and cash equivalents	\$2,150,362	\$6,720,847
Investments	285,195	269,432
Accounts receivable	253,061	145,603
Pledges receivable, net	1,267,624	2,358,930
Prepaid expenses	130,710	137,278
Land, buildings and equipment	22,833,729	12,437,307
Investment in real estate	530,000	530,000
<b>Total Assets</b>	<b>\$27,450,681</b>	<b>\$22,599,397</b>
<b>LIABILITIES AND NET ASSETS</b>		
<b>Liabilities</b>		
Accounts payable and accrued expenses	\$1,176,120	\$1,264,158
Deferred membership and program fees	764,387	823,302
Note payable	\$4,443,692	—
Total liabilities	\$6,384,199	2,087,460
<b>Net Assets</b>		
Unrestricted:		
Designated for endowment	285,195	269,432
Designated for real estate	530,000	530,000
Undesignated	10,006,818	10,194,451
Total unrestricted	10,822,013	10,993,883
Temporarily restricted	10,244,469	9,518,054
Total net assets	21,066,482	20,511,937
<b>Total Liabilities and Net Assets</b>	<b>\$27,450,681</b>	<b>\$22,599,397</b>



NEW CANAAN YMCA  
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