

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILDING A STRONGER COMMUNITY

Annual Report 2012 NEW CANAAN YMCA





THE Y.
WE'RE SO MUCH MORE ™

WE'RE MORE THAN A GYM; WE'RE A CAUSE.

Everybody knows the Y as four letters: YMCA.

But from A to Z, the Y brings our community so much more through a broad range of programs and services.

There's Exercise, but there is also Education through our after-school programs and community wellness lectures. There's Cardio, but there is also Community Volunteerism. We teach Pilates, but we also teach Prevention through our wellness initiatives. We give Swim lessons, but we also give Scholarships and financial assistance to those who need it most.

Here are some highlights of our past year:

Our 2012 Annual Support Campaign, under the leadership of board members Kevin Cowser. Rick Routhier, and Kristin Selvala, enabled us to provide more than \$400.000 in financial assistance to members of our community in need. Our 15th annual golf outing at the Country Club of Fairfield. chaired by Chris Pohle and Rick Selvala, raised nearly \$80,000 to support our Special Needs

port our Special Needs Initiative. And through our partnership with the Kiwanis Club of New Canaan, the annual Family Circus returned to New Canaan, with proceeds helping us provide summer camp scholarships. Hundreds of people relied on the Y this past year as an emergency respite center during power outages caused by Hurricane Sandy. On average, 1,000 people entered our facility each day.

 Our Y's Special Needs Initiative, launched in 2009, now serves more than 100 kids, teens, and young adults through specialized and mainstream recreational and social programming. Participation increased by 32% in 2012.

Our Y is committed to helping our members and the community create healthier lifestyles. People of all

ages are improving their well-being through such programs as cancer wellness and youth strength training in addition to free community events, such as our Senior Health Fair and community wellness lecture series.

• The Y's three competitive aquatic teams—swimming, diving, and synchronized swimming—all enjoyed successful seasons, and 12 of our student-athletes will be continuing their sport at the collegiate level. In addition, Emma Baranski, a member of the YMCA Aquianas, was named to the Senior National Synchronized Swimming Team.

• Our seven-year partnership with Facing the Future (FAFU), a child development center in the Kenyan slum of Kibera, continues to flourish. In October of 2012, FAFU Executive Director Simoen Ajigo visited our Y and the community to raise awareness, as well as to take our Y's best practices back to Kibera.



 The New Canaan YMCA continues to maintain a steady fiscal position, ensuring that we will be able to continue serving the community—now and in the future.

The Y is so much more than a gym. It's a cause. Our cause is strengthening community and so much more.

We are proud to serve such a broad segment of our community through our programs, services, and facility. We thank you for making this possible and look forward to another successful year.

Yours in service.

Petr Shoot

Peter Skaperdas Board President

Craig Panzano
Executive Director

Craig Pamano



SUPPORTING YOUTH: THE ALL KIDS ARE OUR KIDS COLLEGE SCHOLARSHIP

Brian Austin-Carter is this year's recipient of our Y's All Kids Are Our Kids College Scholarship. Funded by our Annual Support Campaign, we award this scholarship annually to a graduating highschool senior in recognition of academic potential, as well as volunteer and work experience.



Brian graduated with high honors from Fairfield Prep, where he was inducted to the National Honor Society and a member of the varsity crew team. While at Prep, he was a peer tutor and a member of REACH, a club of service volunteers. The REACH club regularly assists with programs and events in our Y's Special Needs Department. Brian has also worked as a one-on-one aide for children with special needs at summer camp for two seasons.

"The Y has had an impact on me and provided me with opportunities to learn, grow, and serve," says Brian. "I have developed a passion for community service, and the Y has become like a second home to me."

Brian will be attending Villanova University, majoring in Chemical Engineering.

FOR YOUTH DEVELOPMENT

Nurturing the potential of every child and teen



Il kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of adults who care about them.

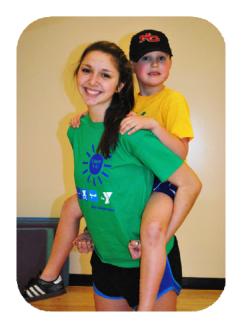


NURTURING THEIR POTENTIAL.

5,500 children experienced positive, fun activities that enhanced their athletic, social, and interpersonal skills.

We teach Swimming to more than 1,000 kids each year, but we also teach Sportsmanship. Kids play Basketball and enjoy the fun of Bouncing Bears, but also experience a sense of Belonging. We offer Camp, but our goal is to provide a caring Community where all children have the opportunity to learn, grow, and thrive.





CONFIDENT TEENS TODAY; CONTRIBUTING, ENGAGED ADULTS TOMMOROW.

At the Y, teens can Relax, but they also benefit from spending time with positive Role Models. More than 1,600 teen members enjoy safe, healthy, fun activities with us each year. From middle school nights— with 80 kids attending each month—to just spending time with friends after school and on the weekends, the Y provides positive, healthy activities.

We are also one of the largest employers of teens in our community, giving nearly 100 young people job opportunities and 56 13-15 year olds leadership experiences through summer camp Leader and Counselor in Training programs.



WORKING FOR WORKING FAMILIES:

The Y offers Childcare, and helps preschool and school-age children maintain strong family Connections through its full-day and afterschool childcare and nursery school programs.

112 children with working parents enjoy all the Y has to offer in their "home away from home," while more than 60 attend our Y's Little Owl Nursery School.



THE Y. WE'RE SO MUCH MORE

Working families can count on the Y when they need us. This past year, we awarded more than \$65,000 in financial assistance to 31 children enrolled in our childcare programs.

MAKING A DIFFERENCE A WORLD AWAY: Our Y's Partnership with Facing the Future in Kibera, Kenya

Now in its seventh year, the New Canaan YMCA is proud to be partnering with Facing the Future (FAFU), a child development center that provides feeding and education to nearly 250 children in the Kenyan slum of Kibera.

In Kibera, nearly a million people live in an area the size of Central Park without clean water, electricity, sani-



tation, adequate food, or medical facilities. 70% of the population is under the age of 14, including 50,000 orphans.

Thanks to community support, our Y is a sponsor of FAFU's feeding program, and also assisted in con-



struction of their new permanent facility. And in October 2012, we were thrilled to welcome FAFU Executive Director Simeon Ajigo to New Canaan and to our Y. Simeon's visit rose awareness of the challenges faced by Kibera's

residents, and he also spent time observing our childcare programs, to take best practices back to his team in Kibera.

FOR HEALTHY LIVING

Improving the nation's health and well-being

n communities across the nation, the Y is a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health, and fosters connections through fitness, sports, fun, and shared interests.



HEALTH, WELL-BEING, AND FITNESS:

Our Y is a community resource dedicated to promoting wellness among people of all ages and abilities through good health and exercise habits. Our programs are designed to help people set realistic goals for self-improvement and disease prevention through an active lifestyle, proper nutrition, and health education.



LIVING STRONGER LONGER:

We are proud to partner with area hospitals and organizations to help our community members maintain their health, or to regain strength after illness or injury. From community health lectures to free cancer exercise programs for survivors and those undergoing treatment, we strive to support the community's health and wellness needs.





THE Y. WE'RE SO MUCH MORE

To ensure that everyone has access to resources that encourage healthy living, this past year our Y awarded nearly \$74,000 in financial assistance toward program fees to 129 individuals.

GROWING STRONGER TOGETHER:

This past year, 150 12-14 year olds completed our Families in Training program, allowing them to work out with their families any time in our Wellness Center, or with their friends after school during designated hours. Our Y also offers special family group fitness classes, family swim time, and open gym time.





FAMILY TIME: Families have fun and grow together at the Y through special community events, programs, and informal recreation. In addition to community events like our **International Festival, Crafts** With Santa, and Halloween Party, our Y once again partnered with the Town of New Canaan to host Family Dinner Night, giving families the opportunity to get away from their busy, overprogrammed lives, to play together, and enjoy each other's company.







THE Y. WE'RE SO MUCH MORE

We provide 5,100 adults and 5,500 young people with the support, guidance, and resources they need to achieve greater health and well-being for their spirit, mind, and body.

LET'S WORK TOGETHER

trengthening community is our cause. The New Canaan YMCA is proud to partner with and support other local organizations and agencies to address the common needs of our community. Among our recent collaborative partners are the following:

21 Strong A Home ABC House of New Canaan All Out For Autism American Cancer Society Arts for Healing **Boy Scouts of America** Court Community Service Program Getabout of New Canaan Girl Scouts of America **Homeschool Cooperative** Horizons Kiwanis Club of New Canaan Lions Club of New Canaan National Charity League New Canaan Basketball Association New Canaan CARES New Canaan Chamber of Commerce New Canaan Early Childhood **Directors Association** New Canaan Middle School Choices New Canaan Police Department New Canaan Public Schools New Canaan Red Cross New Canaan Softball New Canaan Social Services New Canaan Volunteer Ambulance Corps New Canaan Youth Wrestling Association Norwalk Hospital

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Stamford Hospital
Staying Put in New Canaan
STAR
Toys for Tots
Voices of September 11
Volunteer Center of
Southwestern Fairfield County
Waveny Care Center
Young Women's League of
New Canaan
Youth Adult Partnership Board





21 STRONG:

In partnership with 21 Strong, a local organization of families who have a child with Down Synrome, our Y hosted a National Down Syndrome Day celebration for the third consecutive year.

HANDS FOR LIFE:

In partnership with the New Canaan Volunteer Ambulance Corps, our Y presented Hands for Life, a daylong training event. 902 community members gained the life-saving skills and confidence to administer hands-only CPR and AED in the event of a cardiac emergency.

CELEBRATING ABILITIES

Our Y's Special Needs Initiative

he Y is a place for everyone, and our Special Needs Initiative provides specialized and inclusive recreational programs and opportunities to more than 100 children, teens, and young adults with special needs—and their families. We are one of just a handful of Y's in the country to have a full-time Director of Special Needs programming, allowing our Y to offer those with special needs the support they need to be well, make friends, and thrive.



STAYING STRONG, HAVING FUN:

From wellness and music to aquatics and recreational opportunities, our Y is helping those with special needs have fun and build a lifetime of healthy habits. We are also proud to provide employment and volunteer opportunities to those with special needs.



MAKING SUMMER MEMORIES:

Preschoolers, teens, and young adults have summers to remember through our Y's mainstream and specialized day camps. We provide support aides at no additional cost to the campers' families.



THE Y. WE'RE SO MUCH MORE

The Y dedicated \$60,000 this past year to provide support staff for our Special Needs programs and Special Cares Camp, allowing our members with special needs to enjoy programs and summer camp at no additional cost to their families.



FOR SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

hen you give to the New Canaan YMCA, your strengthen our community. As the nation's leading nonprofit for youth development, healthy living, and social responsibility, we use our donors' generous Annual Support Campaign gifts to make a meaningful, enduring impact right here in our own community.

\$50,000+

Anita and G. Thomas Hargrove

\$25,000+

Anonymous Estate of Robert Brand Kathy and Peter Skaperdas

\$10,000-24,999

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ALL TOGETHER BETTER:

Our Y's Aquianas Synchronized
Swimming Team builds self-esteem and
fosters teamwork among 102 girls.
Two of our graduating seniors will be
competing in college, and one team
member was named to the Senior
National Team.



\$499 and under

Anonymous (3) Active Network Joseph Adiletta Advanced Computer Technologies Mr. and Mrs. Fred Afragola Flizabeth Aikler Bette Albaz Afsie and Hossein Amir-Aslani Judi and Richard Anders **Ilene Anders** Cvrus Anfindsen Maggie Angus Carol Antrum Jaime Arboleda Mr. and Mrs. Michael Avgerinos Avon Foundation Mr. and Mrs. Robert Ayoub Thomas V. Avoub and Christine Dombrowski George Bakes Mr. and Mrs. Thomas Baldwin

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ACHIEVING THROUGH DEDICATION:

312 dedicated young people on our Caimans Swim Team are empowered to achieve through competition, while making friends and having fun in the process! Many of our team members compete at the national level, and 7 graduating seniors will continue their sport in college.

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Mary and Frank Fetchet

Leslie Figueroa





This past year, 1,070 preschool and school-age children were enrolled in our instructional aquatic programs, which provide valuable swimming and water safety skills, as well as promote good health through regular exercise.

David Fine Kenneth Finn Jessica Finnegan Theresa Finnegan Anne Finneson Rachel Finneson Daniel Fitzgerald Mr. and Mrs. Peter Fitzsimmons Mr. and Mrs. Alan Fleischer Dominic Florenza Mr. and Mrs. Mark Florian Mr. and Mrs. Michael Franco Chris French Mr. and Mrs. Robert Gallois Randee and Keith Bok Christina Garcia Roger Gay GE United Way Campaign Mr. and Mrs. Stephen Gelhaus Megan George Robin and Dick Gessinger Get Healthy Vending LLC Mr. and Mrs. Felix Geyfman Mr. and Mrs. Robert Gibbons Thomas Gillespie Mr. and Mrs. Mark Glatzhofer Jim Glowienka Susan Gold Mr. and Mrs. Michael Goldberg Cynthia and Steve Gorey Frances Goulart Mr. and Mrs. Jeffrev Gould Julianne and Dan Grace **Greater Kansas City Community** Foundation



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Mr. and Mrs. R. Brent Jackson

Andrew Ivvani

Kennon Javne



THE Y. WE'RE SO MUCH MORE

Our donors made it possible for 112 kids to have a summer to remember at camp who may not have had the chance to do so without our help. In 2012, we granted more than \$112,000 in summer camp scholarships.

Linda Kavanagh Carolyn Kemp Mr. and Mrs. Bruce Kent Mr. and Mrs. Andrew Kingman Arthur Kirsch Michael Kitain Mr. and Mrs. Michael Klein Doua Kline Anne Kniffin Mike Knox Patricia Kochan Mr. and Mrs. George Kops Frances Koptiuch Debbie Kozar Jennifer Kriewald Rick Krua Devon Krusko Catherine Kuzin Josie LaBorde Nicole LaDestro Rvan Ladrigan Sean Ladrigan Mr. and Mrs. Daniel LaGattuta Mr. and Mrs. William Landis Frank LaPorta Kara Laviola Bow Lum Lee Mr. and Mrs. Robert Lesko Brian Leslie Pam and Attila Libertiny Cathleen Licero Sarah Liquori Kathy Lin Stephen Linton Kate Lobban Katherine Lorenzana Michael Lott Susan and Stuart Lovejoy

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REACHING NEW HEIGHTS:

Our Y's Whirlwind Diving Team enabled 141 young athletes to set personal goals learn self-discipline through competing in this sport. Three graduating seniors will continue diving in college.

Sandra Lowe



Tom Murphy

Linda Muscolino

Jennifer Muzvk

Association

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Kenna Olson

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Avery Owens

Tamara Pardo

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Lavinia Paschkes

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MAKING MEMORIES TOGETHER:

Bringing families together is at the heart of all we do. Our Y-Guide and Princess program helps 700 dads and their kids build stronger family connections through recreational activities and weekend outings.

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THE Y. WE'RE SO MUCH MORE

At the Y, no child, family, or adult is turned away for financial reasons. In 2012, we awarded more than \$121.800 in membership assistance to 260 individuals in financial need.

THE NEW CANAAN COMMUNITY YMC	4
STATEMENT OF FINANCIAL POSITION	•
DECEMBER 31, 2012 AND 2011	

ASSETS \$ 3,294,549 203,012 14,015 \$ 2,770,685	\$ 2,369.926 143,185 25,230
203,012 14,015	143,185
14,015	•
	25,230
\$ 2,770,68 <mark>5</mark>	
	All is T
71,312	47,821
11,575,006	11,542,345
530,000	530,000
\$ 18,458,579	\$ 14,658,507
TIES AND NET ASSETS	
\$ 300,642	\$ 285,571
624,006	727,563
2,328,628	2,399,4 <mark>37</mark>
3,253,276	3,412,571
203,012	143,185
530,000	530,000
5,575, <mark>554</mark>	2,389,801
4,497,781	7,731,122
10,806,347	10,794,108
4,398,956	451,828
15,205,303	11,245,936
\$18,458,579	\$14,658,507
	\$ 18,458,579 TIES AND NET ASSETS \$ 300,642 624,006 2,328,628 3,253,276 203,012 530,000 5,575,554 4,497,781 10,806,347 4,398,956 15,205,303



NEW CANAAN COMMUNITY YMCA

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