




September 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>Feel good this Fall at the Y: Fall programs start on September 8. Register now!</p>		1	2	3	4	
5	<p>YMCA CLOSED: LABOR DAY</p>	<p>Free Trial Synchronized Swimming Class 4:00-4:50 Valles Pool</p>	<p>8 FALL SESSION STARTS</p> <p>Free Trial Synchronized Swimming Class 4:00-4:50 Valles Pool</p>	<p>9</p> <p>Swim Team Try Outs 5-6pm - Valles Pool</p>	10	<p>11</p> <p>Free Trial Synchro Classes 10-10:50, 11-11:50 + 12-12:50 Valles Pool</p>	
	12	13	<p><i>Have you tried Pilates apparatus exercise? Private, semi-private, and small group classes available.</i></p>			18	<p>Middle School Madness, Gr. 5-8, 7:00-9:30 pm</p>
19	20	21	22	23	 <p>Friday Night Out, 6-8 pm</p>	25	
26	27	28	29	30	<p>Swim Team Tryouts: 9/10 year old & 13/over swimmers: 9/7 and 9/9, 5-6 pm 8/ under 7 11/12 year old swimmers: 9/8 & 9/9, 5-6 pm</p>		