



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAKE A DIFFERENCE IN YOUR COMMUNITY

Red Cross Lifeguarding Course

Take this complete course to be a lifeguard, course
Includes: Lifeguard/First Aid; CPR/AED For the Professional Rescuer, minimum age is 15 yrs old. Course available to members and non-members. Tuesday night and weekend courses available. Tuesday Course held for 10 weeks and the Weekend Courses are held Saturdays 3:30-6:30pm and Sundays 12-5:00pm

Tuesday Evening Course (10 weeks)

6pm-9:30pm

Dates: March 6, 13, 20, 27, April 10, 17, 24,
May 1, 8, 15

Weekend Course –March (4 weekends: Sat. & Sun.)

March 3, 4, 10, 11, 17, 18, 24, 25

Weekend Course–April/May

April 14, 15, 21, 22, 28, 29, May 5, 6

Registration for all courses begins February 13, 2012

Cost of course: \$475

Pre-Test is held on the first day of class;

Participants must pass the pre-test to

Continue in the course. A pro-rated refund will

Be given if pre-test is not passed, \$25 charge for the
pre-test plus a \$15 service charge.

All course information included participants please bring:

Bathing suit, towel, goggles, highlighter, pencil, pen, water

bottle and a snack. If the kiosk is not open there is a vending machine available on
the second floor.

For additional information, contact Josephine Rojas at 203-966-4528, ext. 169
or jrojas@newcanaanyymca.org.